



BOY SMARTS ACTION TALK

HOW TO TALK SO
BOYS WILL LISTEN
AND LISTEN SO
BOYS WILL TALK



Boys who shrug their shoulder with stone-faced uneasiness can bewilder even the most caring and skilled parent. But look behind that vacant stare, and you'll discover a world of processing going on, but it's unruly, chaotic and daunting. We live

in a culture that conveys emotional suppression. Aggression and anger become the primary ways in which emotions are uttered. To show vulnerability is considered taboo and to have problems with anxiety or depression is considered weak.

- How do boys get lost in narrative and how can we talk so they will listen and understand?
- Are uncommunicative boys labeled resistant, passive-aggressive or even un-teachable?
- Is a boy's resistance to talk an act of contempt, or is it confusion and anxiety?
- To what degree are boys visual learners struggling in auditory environments?
- How can parents better listen and communicate more effectively with boys of all ages?
- What creates distance with boys? What advances connection? How to discipline?
- This 4 hour in-depth workshop is for parents who want specific & practical advice
- Registration limited to small group to ensure questions asked and responded to
- Elgin Heritage Hall, Surrey - Nov 24, Feb 16, Ap 26 and May 10
- Early-bird fee available - Copy of Boy Smarts, coffee & snack included!

BARRY MACDONALD is a teacher, consultant and counsellor who is a champion for strong families, strong schools – and boys. A sought-after speaker, he has presented to thousands of educators & parents. He was identified as 1 of 25 *Influential People to Watch* by the *Vancouver Sun*, and is the author of the BC bestselling book, *Boy Smarts–Mentoring Boys for Success at School* and recently published *Boy Smarts Action Study Guide*. In May of 2008 MacDonald will be keynoting at the *Canadian National Principal's Conference*.

PREREGISTER - WWW.MENTORINGBOYS.COM



ACTION TALK AGENDA

- This 4 hour **Boy Smarts Action Talk** workshop offers an in-depth understanding of how to raise and best communicate with sons. The ideas covered go well beyond the shorter evening introductory presentation, and the emphasis is on practical hands-on examples, demonstrations, and step-by-step instructions about how to be successful with your boy. The group size is typically around 50 people (where the evening presentation is typically 200 – 500 people) allowing for interaction and opportunity to openly discuss and apply **Boy Smarts** ideas.

How to talk so boys will listen and listen so boys will talk...

- **Introduction:** Why does it seem more difficult to parent and communicate with boys today? Did you know that a BC study of Grade 7 youth found that boys are twice as likely as girls to consider dropping out of school before completion? The same study also revealed that only 27% of boys in Grade 7 indicated that “I have a friend who helps me when I am having a hard time” *very much of the time*, compared to 60% of Grade 7 girls. What is a parent to do?
- **Masculine communication styles:** To what degree does your boy think in pictures and you think in words resulting in a communication/emotional melt-down? How well do you know your boy anyway?
- **How can you help your boy to deal with his feelings** and guide him to reach up the emotional ladder? How can you listen beyond his bravado and veneer of indifference? How to support a boy with spider senses?
- **What are alternatives to punishment** that actually teach your son ethical and socially responsible behaviour?
- **Consequence solutions that meet the 5 R's** - bring your biggest boy challenge and Barry will show you how to manage the situation in a manner that maintains dignity for everyone and gets results.
- **How can you encourage autonomy** and healthy independence so confidence and capability flourish?
- **How to have chores without wars** and turn your family members into cooperative team players.
- **Responding to school challenges:** Poor grades, ADHD, and loss of interest in school - what's a parent to do?
- **Relevant, hand's-on and active learning:** Barry will role-play any situation you bring and show you how to be more confident, relaxed, and deeply satisfied in your parenting.

- **This action-packed workshop** will show you how to deal with even the most challenging behaviours: anger, anxiety, biting, bossiness, bullied, bullying, cynicism, defiance, doesn't listen, fighting, giving up easily, hitting, homework battles, impulsivity, lack of friends, lying/cheating, meanness, negative peer pressure, overperfectionism, rudeness, selfishness, sibling battles, stealing, swearing, talking back, tattling, temper tantrums, whining, yelling **AND** how to maintain a focus that fosters mutual respect so that your son knows that **YOU ARE THERE FOR HIM!**



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When Saturday, 9am - 1pm - ~~Nov 24.07~~ **Nov 24.07** ~~Feb 16.08~~ **Feb 16.08** • **Apr 26.08** • **May 10.08**

Where **Elgin Heritage Hall**, 14250 Crescent Road, South Surrey (Nov. - April events)
Broadway Church, 2700 East Broadway, Vancouver (May 10 event)

Cost

- **Earlybird rate** (includes GST) • individual \$75.00 • couple \$115.00
If postmarked by **Nov 15** for Nov 24th **Feb 7** for Feb 16th
April 17 for April 26th **May 1** for May 10th
- **Regular rate** (includes GST) • individual \$100.00 • couple \$150.00



• **To pay by credit card**  <http://www.mentoringboys.com/paynow.html>

- Fee includes coffee/tea and snack and 1 copy of Boy Smarts (240 pages)
- Confirmation of registration will be emailed upon receipt of payment or Paypal
- Please note that previous workshops have been full before the early-bird deadline

Questions? Contact coordinator: **sagepoint@telus.net**

Pre-register Use PayPal or issue cheque to **Sagepoint Consulting Inc.**
& mail registration & payment to (ensure postmarked for earlybird):

Boy Smarts Action Talk, Ocean Park Box 45053, Surrey, V4A 9L1

Circle Date: ~~Nov 24~~ **Nov 24** ~~OR~~ ~~February 16~~ **February 16** ~~OR~~ **April 26** ~~OR~~ **May 10**

Name(s): _____

Gender and ages of children: _____

Email (your registration is confirmed by email – print clearly)

Telephone: _____ City: _____