

# Positive Discipline

Is your son a **CEO** in training?

When boys misbehave, how do we teach them that they are directly accountable for their actions and help them to integrate their learning? We have come a long way to understand that corporal punishment that involves not sparing the rod, the cane, or the paddle would ever be justified. We have come to understand that it increases the likelihood of antisocial behaviour and abuse further down the road.

When disciplining a boy, how do you communicate that you appreciate him as a person, that you trust and respect him, and that you care what happens to him?

An optimistic attitude towards a boy who is troubled affects his ability to respect himself, to become resilient, and to envision a positive future self-image. Indeed, children who develop confidence and social responsibility learn that they are **capable** (can handle challenges), **connected** (belong) and able to **contribute** (their actions count and make a constructive difference).

So how can you reframe your view of a boy as bossy, argumentative, or sarcastic? Consider that your son may be a CEO in training, a budding lawyer, or a comedic diamond in the rough!

BIGHEADED?

STUBBORN?

HYPER?

IMPULSIVE?

CONTROLLING?



CONFIDENT!

DETERMINED!

ENERGETIC!

SPONTANEOUS!

INDEPENDENT!

**Maintaining a focus on strengths will foster positive responses to everyday challenges.**